

Wallkill Borden Middle School

Welcome to our
Lunch Cafe

2/1/2024 - 2/2/2024

Monday

Tuesday

Wednesday

Thursday

Friday



1 Ranch & Chicken Quesadilla
homemade fiesta chicken, mozzarella and ranch dressing melted into a warm tortilla
Salsa
Sour Cream
Steamed Broccoli
Fresh Banana

2 Yard Bird Classic Chicken Sandwich
a delicious chicken filet on a hearty bun, served with special sauce and a pickle
Carrot Sticks
Crispy Potato Puffs
Fresh Apple



Served with a choice of side salad, variety of fresh fruit and vegetables. Choice of Fat Free Chocolate, 1% or 2% chilled milk



Buffalo Chicken Pizza
freshly prepared cheese pizza topped with chicken tossed in hot sauce 🌶️

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freshly prepared cheese pizza topped with chicken tossed in hot sauce 🌶️

Offering New Specials EVERY week!

To see our menus visit us at www.fdmealplanner.com

Available Daily: Cheese Pizza, Pepperoni Pizza and Specialty Pizza all featuring whole grain rich pizza dough



Spicy Chicken Melt
moist spicy chicken topped with melted cheese inside a warm bread

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moist spicy chicken topped with melted cheese inside a warm bread

Available Daily: Hamburgers, Cheeseburgers, and Chicken Patty Sandwiches



Ham & Cheese Sandwich
freshly made and thinly sliced ham and cheese on a sandwich P

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freshly made and thinly sliced ham and cheese on a sandwich P

Available Daily: Boar's Head Sandwiches, Ham and Cheese, Turkey and Cheese, Cheese Sandwiches on whole grain rich bread.



Chicken Caesar Salad
fresh romaine topped with parmesan cheese, chicken, and croutons with dinner rolls 🌿

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fresh romaine topped with parmesan cheese, chicken, and croutons with dinner rolls 🌿



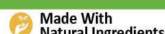
Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes whole wheat dinner roll and your choice of dressings, fruit and milk



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Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. * Menu is subject to change, notice posted when available. * In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. * This institution is an equal opportunity provider.



Wallkill Borden Middle School

Welcome to our
Lunch Cafe

2/5/2024 - 2/9/2024

Monday

Tuesday

Wednesday

Thursday

Friday



5 Cinnamon French Toast
slices of French toast baked to perfection 🌱
Syrup
Turkey Sausage Patty
Crispy Potato Puffs
Strawberries



6 Sabroso Tropical Chicken Taco
fajita-style chicken in whole corn taco shells topped with mango black bean salsa 🌱🌱
Refried Beans
Fiesta Corn
Romaine Lettuce
Mild Salsa
Fresh Pear

7 Barbecue Rib Sandwich
warm BBQ rib patty on a bun prepared in-house
Brown Rice
Pickle Chips
Cole Slaw
Fresh Baby Carrots
Applesauce



8 Wing Shack Honey Dipped Chicken Wings
chicken wings mixed with honey and hot sauce 🌱
Dinner Rolls
Oven Baked Fries
Fresh Orange

9 Enchilada Spicy Beef with Cheese
a soft tortilla filled with tender beef, cheese and cooked rice, baked in the oven and layered with salsa 🌱
Green Beans
Tomato Salad
Fresh Apple

Served with a choice of side salad, variety of fresh fruit and vegetables. Choice of Fat Free Chocolate, 1% or 2% chilled milk



Broccoli Pizza
freshly prepared in-house cheese pizza topped with broccoli 🌱

Onion Pizza
freshly prepared in-house cheese pizza topped with sliced onions 🌱🌱

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Available Daily: Cheese Pizza, Pepperoni Pizza and Specialty Pizza all featuring whole grain rich pizza dough



Grilled Cheese Sandwich
golden toasted bread with melted gooey cheese pressed and prepared in-house 🌱
Tomato Soup

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golden toasted bread with melted gooey cheese pressed and prepared in-house 🌱
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Tomato Soup

Available Daily: Hamburgers, Cheeseburgers, and Chicken Patty Sandwiches



Italian Combo Sandwich
freshly sliced cured meat and cheese on a roll topped with crisp lettuce and tomato 🌱🌱

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freshly sliced cured meat and cheese on a roll topped with crisp lettuce and tomato 🌱🌱

Available Daily: Boar's Head Sandwiches, Ham and Cheese, Turkey and Cheese, Cheese Sandwiches on whole grain rich bread.



Chicken and Strawberry Salad
fresh strawberries with chicken over greens 🌱

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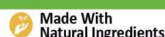
Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes whole wheat dinner roll and your choice of dressings, fruit and milk



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Wallkill Borden Middle School

Welcome to our
Lunch Cafe

2/12/2024 - 2/16/2024

Monday

Tuesday

Wednesday

Thursday

Friday



12 Buffalo Chicken Mac & Cheese
pasta in cheese sauce, topped with buffalo style chicken 🍴
Whole Wheat Dinner Roll
MAC FACTORY Steamed Peas
Cinnamon Applesauce

13 BBQ Chicken Nachos
crispy nacho tortilla chips with chicken, carrots, tomatoes and cabbage 🍴
Sour Cream
Yellow Rice
Seasoned Black Beans
Roasted Broccoli



14 Chicken Parmesan Over Pasta
oven baked chicken topped with sauce and melted cheese, all over pasta 🍴
Whole Wheat Dinner Roll
Side Salad
Steamed Carrots
Watermelon Cup

15 Smokehouse Burger
burger on a freshly toasted bun with BBQ sauce 🍴
Romaine Lettuce
Sliced Tomatoes
Pickle Chips
Buttered Corn
Fresh Apple

16 Chicken Bowl with Gravy
chicken layered with mashed potatoes and corn, smothered in gravy
Sauteed Spinach
Sliced Oranges

Served with a choice of side salad, variety of fresh fruit and vegetables. Choice of Fat Free Chocolate, 1% or 2% chilled milk



French Bread Pizza
crispy French bread smothered with tomato sauce and melted cheese 🍴

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Available Daily: Cheese Pizza, Pepperoni Pizza and Specialty Pizza all featuring whole grain rich pizza dough



General Tso's Chicken Wrap
grilled chicken, julienned carrots and lettuce on tortilla wrap spread with General Tso's sauce 🍴

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grilled chicken, julienned carrots and lettuce on tortilla wrap spread with General Tso's sauce 🍴

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General Tso's Chicken Wrap
grilled chicken, julienned carrots and lettuce on tortilla wrap spread with General Tso's sauce 🍴

Available Daily: Hamburgers, Cheeseburgers, and Chicken Patty Sandwiches



Turkey & Cheese Sandwich
freshly made and thinly sliced turkey and cheese sandwich

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freshly made and thinly sliced turkey and cheese sandwich

Available Daily: Boar's Head Sandwiches, Ham and Cheese, Turkey and Cheese, Cheese Sandwiches on whole grain rich bread.



Chicken Caesar Salad
fresh romaine topped with parmesan cheese, chicken, and croutons with dinner rolls 🍴

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fresh romaine topped with parmesan cheese, chicken, and croutons with dinner rolls 🍴

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fresh romaine topped with parmesan cheese, chicken, and croutons with dinner rolls 🍴

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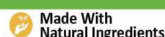


Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes whole wheat dinner roll and your choice of dressings, fruit and milk

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Wallkill Borden Middle School

Welcome to our
Lunch Cafe

2/19/2024 - 2/23/2024

Monday

Tuesday

Wednesday

Thursday

Friday



19
Walking Taco
mexi-style taco meat
paired with crispy chips
Romaine Lettuce
Sour Cream
Mild Salsa
Fresh Orange

20
Buffalo Chicken
Tenders
Buffalo chicken tenders
with carrot and celery
sticks
Vegetable Rice Pilaf
Spiced Roasted
Green Beans w/
Parmesan
Applesauce

21
Sloppy Joe on a Bun
homemade sloppy joe
served on a soft bun
Tomato Salad
Spicy Four Bean
Salad
Fresh Apple

22
Chicken and Waffles
crispy chicken placed on
top of fluffy waffles
Syrup
Crispy Potato Puffs
Carrot Sticks
Fresh Banana

Served with a choice of side salad, variety of fresh fruit and vegetables. Choice of Fat Free Chocolate, 1% or 2% chilled milk



Macho Taco Pizza
homemade fiesta style
taco meat, tomato sauce,
mozzarella and
parmesan cheese a top
pizza crust brushed with
garlic and oil

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homemade fiesta style
taco meat, tomato sauce,
mozzarella and
parmesan cheese a top
pizza crust brushed with
garlic and oil

Macho Taco Pizza
homemade fiesta style
taco meat, tomato sauce,
mozzarella and
parmesan cheese a top
pizza crust brushed with
garlic and oil

Macho Taco Pizza
homemade fiesta style
taco meat, tomato sauce,
mozzarella and
parmesan cheese a top
pizza crust brushed with
garlic and oil

Available Daily: Cheese Pizza, Pepperoni Pizza and Specialty Pizza all featuring whole grain rich pizza dough



Cheesy Stuffed
Bread Sticks
baked bread sticks filled
with melted cheese
Tomato Sauce

Cheesy Stuffed
Bread Sticks
baked bread sticks filled
with melted cheese
Tomato Sauce

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baked bread sticks filled
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Bread Sticks
baked bread sticks filled
with melted cheese
Tomato Sauce

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Available Daily: Hamburgers, Cheeseburgers, and Chicken Patty Sandwiches



Turkey Club Wrap
turkey breast, bacon,
chopped romaine lettuce
and tomato, wrapped in a
tortilla

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turkey breast, bacon,
chopped romaine lettuce
and tomato, wrapped in a
tortilla

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turkey breast, bacon,
chopped romaine lettuce
and tomato, wrapped in a
tortilla

Turkey Club Wrap
turkey breast, bacon,
chopped romaine lettuce
and tomato, wrapped in a
tortilla

Available Daily: Boar's Head Sandwiches, Ham and Cheese, Turkey and Cheese, Cheese Sandwiches on whole grain rich bread.



Romaine & Chickpea
Salad with 2 Dinner
Rolls
chopped romaine lettuce
topped with chickpeas
Fruity Granola
Parfait

Romaine & Chickpea
Salad with 2 Dinner
Rolls
chopped romaine lettuce
topped with chickpeas
Fruity Granola
Parfait

Romaine & Chickpea
Salad with 2 Dinner
Rolls
chopped romaine lettuce
topped with chickpeas
Fruity Granola
Parfait

Romaine & Chickpea
Salad with 2 Dinner
Rolls
chopped romaine lettuce
topped with chickpeas
Fruity Granola
Parfait

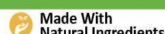


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Wallkill Borden Middle School

Welcome to our
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2/26/2024 - 2/29/2024

Monday

Tuesday

Wednesday

Thursday

Friday



26 Mozzarella Sticks
crispy mozzarella sticks filled with gooey cheese, perfect for dipping into your favorite sauce ✓
Tomato Sauce
Sauteed Zucchini
Spiced Roasted Green Beans w/ Parmesan
Applesauce



27 Tot Spot's BBQ Chicken Tater Tots
crispy tater tots topped with BBQ chicken and scallion garnish 🍌
Refried Beans
Buttered Corn
Fresh Green Grapes

28 Spicy Chicken Nuggets
Honey Mustard Dressing
Seasoned Rice
Celery
Carrot Sticks
Fresh Blueberries

29 Homemade Pasta & Broccoli with Garlic & Oil
al dente pasta with broccoli sauteed in garlic and olive oil ✓ 🍌
Chickpeas ✓
Roasted Squash
Fresh Orange

Served with a choice of side salad, variety of fresh fruit and vegetables. Choice of Fat Free Chocolate, 1% or 2% chilled milk



Spinach Pizza
fresh pizza dough topped with marinara sauce, fresh spinach and mozzarella cheese ✓ 🍌

Pizza with Black Olives ✓ 🍌

Spinach Pizza
fresh pizza dough topped with marinara sauce, fresh spinach and mozzarella cheese ✓ 🍌

Pizza with Black Olives ✓ 🍌

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Taco Hot Dog
hot dog in a taco shell, topped with shredded cheddar, shredded lettuce, salsa and sour cream 🍌

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hot dog in a taco shell, topped with shredded cheddar, shredded lettuce, salsa and sour cream 🍌

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hot dog in a taco shell, topped with shredded cheddar, shredded lettuce, salsa and sour cream 🍌

Taco Hot Dog
hot dog in a taco shell, topped with shredded cheddar, shredded lettuce, salsa and sour cream 🍌

Available Daily: Hamburgers, Cheeseburgers, and Chicken Patty Sandwiches



Bologna Sandwich
freshly made sandwich with thinly sliced bologna

Bologna Sandwich
freshly made sandwich with thinly sliced bologna

Bologna Sandwich
freshly made sandwich with thinly sliced bologna

Bologna Sandwich
freshly made sandwich with thinly sliced bologna

Available Daily: Boar's Head Sandwiches, Ham and Cheese, Turkey and Cheese, Cheese Sandwiches on whole grain rich bread.



Crispy Chicken Garden Salad
fresh garden salad topped with baked crispy chicken and served with dinner roll(s) 🍌

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fresh garden salad topped with baked crispy chicken and served with dinner roll(s) 🍌

Crispy Chicken Garden Salad
fresh garden salad topped with baked crispy chicken and served with dinner roll(s) 🍌

Crispy Chicken Garden Salad
fresh garden salad topped with baked crispy chicken and served with dinner roll(s) 🍌



Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes whole wheat dinner roll and your choice of dressings, fruit and milk



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